

Agility

Strategy

Movemen

Accuracy

Teamwork

## PE – Hockey



### Connections: Prior Knowledge and Skills

In PE, dribbling is the manoeuvring of a ball by successive bounces or touches while moving in a desired direction.

A positive mindset is very important in PE. It involves expecting that good things will happen and that you will be successful.

A tactic is a carefully planned action or strategy that is used to work towards a specific and desired outcome.

Teamwork is the collaborative effort of individuals working together, through communication, cooperation and shared responsibility to achieve a common goal in a physical activity.

Intercept means that you stop or slow down a pass by the opposite team.

Accuracy involves being precise and on target.

Response is the action that you take when something happens.

### Sentence Stems

The rules in hockey include...

One rule in hockey is...

Based on fact...

However, I would point out...

Another feature they have in common...

To begin with...

After/Before I...

Meanwhile...

It reminds me of...

As a result of...

The reasons for...

In summary...



### Vocabulary

Bully



Dribble



Flick



Push



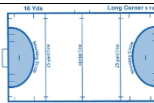
Scoop



Shooting



Circle



Penalty stroke



### Sticky Knowledge

#### Substantive Knowledge

Hockey is a kind of invasion game that is played by two teams of eleven players. Each team's goal is to push a small and heavy hockey ball into their opposition's goal. In hockey, players can only hit the ball with the flat side of their stick.

Hockey players (other than the goalkeeper) are not allowed to use their feet, or any other parts of the body, to control the ball at any time.

In hockey, a bully (or bully-off) is a specific method used to restart play after a temporary stoppage. Two opposing players stand facing each other with the ball placed between them, then tap their sticks on the ground and against each other three times before attempting to gain possession of the ball to continue the game.

In hockey, dribbling is a fundamental skill of controlling the ball by moving it forward with short, controlled strokes of the stick. You should keep it close to the stick head.

You can only score a goal from inside the 'striking circle' in front of the opponent's goal. If the hockey ball is hit from outside the circle and goes into the goal, it doesn't count.

A penalty stroke in field hockey is a direct one-on-one shot against a goalkeeper from a penalty spot.

#### Disciplinary Knowledge

I can keep control of the ball whilst moving in different directions.

I can dribble, flick, push, scoop and shoot.

I can explain the rules in hockey and apply them in games.

I can safely and effectively tackle my opponents to gain possession of the ball.

I can work as a team and encourage my teammates.

I have a positive mindset and persevere.

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