



Flanderwell Primary School PSHE End of Year 3



At the end of year one I will know and remember...

Being me in my world

I can explain why being listened to and listening to others is important in my school community.

I can explain why being democratic is important and can help me and others feel valued.

Celebrating Difference

I can describe different conflicts that might happen in family or friendship groups and how words can be used in hurtful or kind ways when conflicts happen.

I can tell you how being involved with a conflict makes me feel and can offer strategies to help the situation. e.g. Solve It Together or asking for help.

Dreams and Goals

I can explain the different ways that help us learn and what we need to do to improve.

I am confident and positive when sharing successes with others.

I can explain how different feelings can be stored in our internal treasure chest and why this is important.

Healthy Me

I can identify things, people and places that I need to keep safe from, and can tell you some strategies for keeping myself safe and health including who to go to for help.

I can express how being anxious/scared and unwell feels.

Relationships

I can explain how my life is influenced positively by people I know and also by people from other countries.

I can explain why my choices might affect my family, friendships and people around the world who I don't know.

Changing Me

I can explain how boys' and girls' bodies change on the inside/outside during the growing up process and can tell you why these changes are necessary so that their bodies can make babies when they grow up.

Wider Community

I can identify ways to keep myself safe travelling to and from school, including road safety.

I value myself and my own opinions.